

Semana 11 (9 a 15 de março 2026)

**DESTAQUES DA PROGRAMAÇÃO: RTP INTERNACIONAL
(AMERICA)**

Taskmaster - 7ª temporada Estreia

Taskmaster está de volta com muita loucura e diversão!

Diogo Valsassina, Gilmário Vemba, Isabela Valadeiro e Jéssica Athayde são desafiados pelo "Taskmaster" Vasco Palmeirim e o seu braço direito Nuno Markl para superarem uma série de provas divertidas com uma pequena dose de loucura.

Ao longo de 10 episódios, os convidados colocam bens pessoais em jogo e enfrentam desafios que colocam em cheque a sua destreza física, criatividade e especialmente a sua dignidade.

Sábado, pelas 20h45 (NY) e 25h45 (LIS)





GRELHA DE PROGRAMAS

SEMANA 11

2026

		COD	TAB	9/mar/26	10/mar/26	11/mar/26	12/mar/26	13/mar/26	14/mar/26	15/mar/26	COD	TAB		
NY	LIS												LIS	NY
01.00	06.00												06.00	01.00
.15	.15	AM06	14	BOM DIA PORTUGAL	BOM DIA PORTUGAL	BOM DIA PORTUGAL	BOM DIA PORTUGAL	BOM DIA PORTUGAL	GRANDIOSA ENCICLOPÉDIA DO LUDOPÉDIO	MISSÃO: 100% PORTUGUÊS - MISSÃO 100% PORTUGUÊS-6ª TEMPORADA - MINHO (GUIMARÃES E BRAGA)	AM06	14	.15	.15
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02.00	07.00								BOM DIA PORTUGAL - FIM-DE-SEMANA	BOM DIA PORTUGAL - FIM-DE-SEMANA	AM07	14	.15	.15
.15	.15	AM07	14										.30	.30
.30	.30												.45	.45
.45	.45										AM08	14	.15	.15
03.00	08.00			CERIMÓNIA DE TOMADA DE POSSE DO PRESIDENTE REPÚBLICA									.30	.30
.15	.15	AM08	14								AM09	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
04.00	09.00												.45	.45
.15	.15	AM09	14										.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
05.00	10.00												.15	.15
.15	.15	AM10	14								AM10	14	.15	.15
.30	.30												.30	.30
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06.00	11.00												.15	.15
.15	.15	AM11	14								AM11	14	.15	.15
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07.00	12.00												.15	.15
.15	.15	AM12	14								AM12	14	.15	.15
.30	.30												.30	.30
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08.00	13.00												.15	.15
.15	.15	AM13	14								AM13	14	.15	.15
.30	.30												.30	.30
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09.00	14.00												.15	.15
.15	.15	AM14	14								AM14	14	.15	.15
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10.00	15.00												.15	.15
.15	.15	AM15	14								AM15	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
11.00	16.00												.15	.15
.15	.15	AM16	14								AM16	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
12.00	17.00												.15	.15
.15	.15	AM17	14								AM17	14	.15	.15
.30	.30												.30	.30
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13.00	18.00												.15	.15
.15	.15	AM18	14								AM18	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
14.00	19.00												.15	.15
.15	.15	AM19	14								AM19	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
15.00	20.00												.15	.15
.15	.15	AMTJ	14								AMTJ	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
16.00	21.00												.15	.15
.15	.15	AM21	14								AM21	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
17.00	22.00												.15	.15
.15	.15	AM22	14								AM22	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
18.00	23.00												.15	.15
.15	.15	AM23	14								AM23	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
19.00	24.00												.15	.15
.15	.15	AM24	14								AM24	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
20.00	25.00												.15	.15
.15	.15	AM25	14								AM25	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
21.00	26.00												.15	.15
.15	.15	AM26	14								AM26	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
22.00	27.00												.15	.15
.15	.15	AM27	14								AM27	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
23.00	28.00												.15	.15
.15	.15	AM28	14								AM28	14	.15	.15
.30	.30												.30	.30
.45	.45												.45	.45
24.00	29.00												.15	.15
.15	.15	AM29	14								AM29	14	.15	.15
.30	.30												.30	.30
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